

DELUXE MIXED NUTS R/S
 INGREDIENTS: ALMONDS,
 CASHEWS, BRAZIL NUTS,
 PECANS, PISTACHIOS, SALT,
 PEANUT AND VEGETABLE OIL
 (SOYBEAN).

Nutrition Facts	
Serving Size (30g)	
Servings Per Container About 8	
Amount Per Serving	
Calories 170	Calories from Fat 140
% Daily Value*	
Total Fat 15g	23%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 115mg	5%
Total Carbohydrate 7g	2%
Dietary Fiber 2g	8%
Sugars 1g	
Protein 5g	
Vitamin A 0%	• Vitamin C 0%
Calcium 4%	• Iron 8%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

DELUXE MIXED NUTS R/S
 CONTAINS CASHEWS, ALMONDS,
 PECANS, BRAZIL NUTS,
 PISTACHIOS. MAY CONTAIN
 TRACES OF EGGS, COCONUT,
 HAZELNUTS, MACADAMIA NUTS,
 WALNUTS, PEANUTS, WHEAT.

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